

# MOREAU CATHOLIC HIGH SCHOOL

# COUNSELING

## 2011-2012



- Assisting students in attaining maximum personal and intellectual growth.
- Assisting students in effectively handling personal and academic problems.
- Helping students make a realistic evaluation of his/her interests and goals.
- Helping students make the best college/career choice according to needs, skills, abilities and interests.



## **PERSONAL COUNSELING SERVICES**

- Individual counseling upon request, to discuss problems of a personal nature in a confidential setting.
- Parent conferences and referral resources.
- Information for students on topics related to mental health.
- Crisis intervention counseling. Group counseling.
- Drug and alcohol education, information and counseling for students and parents.
- Resource for parents with questions about adolescent developmental issues.

## **ACADEMIC COUNSELING SERVICES**

- Assistance to students in selecting appropriate courses for each year of high school.
- Schedule changes when appropriate or necessary.
- Verification of graduation requirements and college entrance eligibility.
- Interpretation of PSAT, PLAN, and EXPLORE tests and results.
- Interpretation of SAT and ACT tests and results.
- Information on summer school, accelerated and enrichment programs for students.
- Arrangement of parent-student-counselor meetings and parent teacher-student-counselor meetings.

## **SAINTS AND SCHOLARS PROGRAM**

The Saints and Scholars Program provides support for students with documented learning disabilities, medical or physical issues, so they can achieve their highest academic potential. The program follows the guidelines established by the College Board regarding accommodations and documentation. Students who qualify to participate in the program receive classroom accommodations and may be eligible for accommodations on the PSAT and SAT tests.

## **FAMILY CONNECTION**

Family Connection by Naviance, is a web-based college and career planning service designed especially for students and families to provide useful information for college and career decisions. Family Connection is linked with each counselor's office to track and analyze data about college and career plans of each of our students. It provides up-to-date information that's specific to our school.

## **COLLEGE & CAREER COUNSELING SERVICES**

- Presentations from colleges, universities, military academies, and trade/technical schools.
- Assistance with scholarships and financial aid applications for colleges.
- Information regarding standardized testing such as Explore, PLAN, PSAT, SAT Reasoning, SAT Subject, ACT, Advanced Placement.
- Classroom presentations and workshops to help prepare students for standardized testing.
- College and Financial Aid Information Night for parents and students.
- Workshops to assist students with their college applications and college essays.
- Alumni Speaker Days provide opportunities for current students to learn about career opportunities from professionally successful Moreau alumni.

### **IN ADDITION, WE PROVIDE THE FOLLOWING SERVICES:**

#### **9th Grade**

- Introduction to counseling services, Family Connection, and college and course planner.
- Counseling regarding student course selection and college/career plans.
- Implementation of AlcoholEDU, an on-line education program about alcohol abuse.
- Administration of the EXPLORE test.

#### **10th Grade**

- Administration of the PLAN.
- Presentation of career education unit and review of PLAN scores.
- Counseling regarding student course selection and college/career plans.

#### **11th Grade**

- Preparation and interpretation of the PSAT.
- Presentation of career education unit and distribution of MCHS College Guidebook.
- Counseling regarding student course selection and college/career plans.

#### **12th Grade**

- Individual counseling regarding college/career plans.
- Assistance in obtaining letters of recommendation.
- Distribution of application information for UC, CSU and private universities.
- Assistance in completing UC, CSU, and private college applications (individual meetings and workshops).
- Distribution of financial aid forms (FAFSA, Cal Grant and CSS profile forms) and publicity of available workshops and scholarships.
- Opportunities to meet with college admission representatives on our campus.

## **PURPOSE OF THE DEPARTMENT**

- To assist students in attaining maximum personal and intellectual growth.
- To assist students in effectively handling personal and academic problems.
- To help students make a realistic evaluation of his/her interests and goals.
- To help students make the best college/career choice according to needs, skills, abilities and interests.

## **HOW TO ACCESS THE COUNSELING DEPARTMENT**

The counseling offices are located on the third floor of the main building. Students are assigned to a counselor as listed below. You may phone or e-mail to request an appointment or use our online appointment link. Counselors are also available at lunch and collaboration.

## **COUNSELOR ASSIGNMENTS**

### **Students A through BL**

Ms. Audrey Sillers, Saints and Scholars Coordinator  
asilers@moreaucatholic.org

### **Students B0 through I**

Mr. Ian Farr, Career Coordinator  
ifarr@moreaucatholic.org

### **Students J through P**

Mrs. Dianna Heise, College Coordinator  
dheise@moreaucatholic.org

### **Students Q through Z**

Mr. Jim Patterson, Chairperson  
Testing and AP Coordinator  
jpatterson@moreaucatholic.org

### **Counseling Assistant**

Ms. Terri Doty  
tdoty@moreaucatholic.org

### **Phone Numbers**

School Number | 510.881.4300

Department Number | 510.881.4331

Counseling Fax | 510.537.3649